

## Morale, Welfare and Recreation (MWR)

New Employee Orientation

November 2006

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## Welcome to Picatinny!

- We invite you to be an active participant in your MWR Community
- MWR is important on & off the job
- "MWR...For All Of Your Life."
  - We are dedicated to providing support and leisure services that are as outstanding as the people we serve
  - Whether you are on-duty or off-duty, at the office or at home
     MWR aims to be there with programs and services to enhance the quality of your life
- Liaison ~ Post Exchange, Commissary and Private Organizations



## Community Recreation "Take Off" Center

- Travel Brochures, Books & Videos on local, national & worldwide destinations
- Discount coupons or tickets for regional & national attractions
  - Disney, Great Adventure,
    Broadway Shows, Nets Basketball
    & Devils Hockey (select) tickets
- Charter Bus Day Trips
  - Atlantic City, Bronx Zoo, Radio City





## Community Recreation "Take Off" Center

- Gift items mylar balloons, Picatinny logo polo shirts, hats & mugs
- MWR ID Cards & Vehicle Decals
- Hunting & Fishing permits
- Guest House Reservations







## Community Recreation Trailer Park

- 14 two & three bedroom mobile home units
- Fully furnished to include kitchenware, microwave, bed & bath linens, cable TV
- Military priority but civilians eligible
- Call for our Recreation rate, x4014





# The Cannon Gate Catering & Conference Center

- Special Events
  - Hail & Farewell, Mother's Day & Father's Day
     Brunch, New Year's Eve Party, Oktoberfest
- Catering and Business Conferencing
- Let us host your next Party!
  - Birthdays, Retirements,Weddings, Showers
- Lil' Skeeters/Habaneros
- Mulligan's
  - casual bar









## Picatinny Golf Club



- 18 Hole Course
- Pro Shop
- Golf Membership -MasterCard
  - Eligibility requirements,
     call 724-GOLF
- Golf Lessons
- New Hire Golf Clinics
- Member Tournaments



## Choices... Your food getaway!

- Serves Breakfast & Lunch, Mon-Fri, 7am to 1:30pm
- Grab n'Go 1:30pm to 2:00pm
- Food Court
- Mobile Canteen Truck
- Vending
- Hair to Stay
  - Mon & Fri, 9am to 3pm





## Forge Fitness



#### Health and Wellness Program

Outdoor Recreation and Fitness Center located together in one location for your convenience

#### MWR ID Card

- League sports, use of an indoor court multipurpose court, brand new free weights, brand new cardio-vascular equipment, Cybex machines, and an indoor racquetball court
- Health appraisals including cholesterol, blood pressure and body composition tests in coordination with the Health Clinic
- Special Events such as 5K Run/Walks, Bench Press
   Competition, Triathlon, Health Fair, Dodgeball, and Hot Dog
   Eating Contest
- Classes including Aerobics, Karate, Yoga, Massage Therapy,
   and Dance



### Outdoor Recreation

- Outdoor Recreation Equipment Checkout
  - 0800-1630, Mon/Tue/Thu/Fri
- SCUBA, Ski Trips, White Water Rafting, Kayaking, Wind Surfing, Mountain Biking, etc.
- Archery Range
- Instructional Videos and CDs
- Resale Program
- Picatinny Rod & Gun Activity
- Lake Denmark Picnic Area





## WWR 4

## **Outdoor Recreation**

- Frog Falls! Open 7 days, Memorial Day to Labor Day
  - Learn to Swim Program
  - Lifeguard Training
  - Water Polo
  - Birthday Parties
  - Many other special events!

Sign ups begin 2 April for Civilians:

Single - \$155

**Family -\$180** 

Sign ups begin 2 April for Contractors:

Single - \$180

Family - \$205





## Child Development Center

- Developmentally appropriate care for young children, ages 6 wks to 5 yrs
- Programs offered:
  - Full day and hourly care
- Hours of operation:
  - 7am to 5pm
- Call 724-4337 for info





## School Age Services

- •Services both Military and Civilian school age youth
- •Offers both full time and hourly care slots
- •Full Day Kindergarten Program
- •Operates before and after school, and when school is not in session (Rockaway Township)
- •Provide both a homework center and computer center for SAS
- •Nine Week Summer Camp for school age children

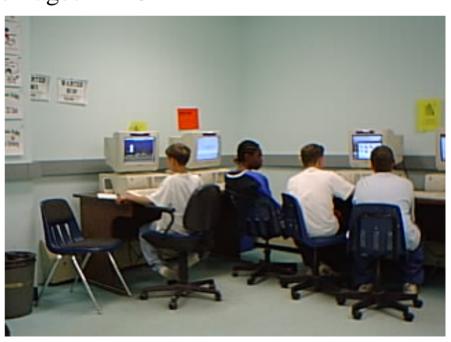
For information call 973-724-5555





## Youth Services Program

- Evening and Saturday program for teens/preteens
- Open to military dependents and DOD civilian youth
- Middle School after school program for ages 11-15
- Boys and Girls Club Affiliation
- Summer Camp for 11-14 year olds
- Call 973-724-7183





## Employee Assistance/Army Substance Abuse Program

- Problem assessment and short-term counseling for personal, work & family concerns
- Drug Testing
- Ongoing counseling for substance abuse related problems
- Information & Referral to Community Resources
- Speakers & Workshops
- Stress Management Programs
- Resource Library
- Supervisory Consultations





#### •The Best Small ACS in the Army!

#### Community Events sponsored throughout the year...

- Blood Drives 8 times per year (2 per quarter: Feb, May, Sep, Nov)
  - Scheduled around holiday's
  - Employee receives 4 hours of administrative leave
- Pheresis Donations
- Volunteer Opportunities & National Volunteer Luncheon Ceremony (April)
  - Annual celebration honoring registered Picatinny volunteers
- Army Community Service Birthday (July)
- Holiday Tree Lighting Ceremony (December)
  - Organizations sing 12 days of Christmas
- Spaghetti & Santa Dinner (December)
  - Dinner at The Club, Santa, Rudolph, singing, toys







#### Deployment and Mobilization and Stability and Support Operations

- -Operation Ready
  - Briefings and Classes
- Outreach
- Information and Referral
- Army One Source

#### Relocation Readiness

- -Pre-departure Services and Settling-In Services
  - Welcome Packets
- -Multi-Cultural Services
- -Standard Installation Topic Exchange Service (SITES)
  - World wide information on all DoD Installations
- -Sponsorship Training (military and civilian)
- -Waiting Family Support Group
- -Lending Closet





### **Core Programs**

#### Employment Readiness

- -Job Search Counseling
- -Career Assessment
- -Job Bank
- -Education Resources
- -Career Center
  - •Assistance w/Resume, Interviewing Skills, Interest Identifier, Spouse Employment Partnership Program

#### Financial Readiness

- -Consumer Services
- -Debt Liquidation
- -Budget Counseling
- -IRS Tax Forms and Information
- -Army Emergency Relief
- -Family Supplemental Subsistence Allowance





### **Core Programs**

#### • Army Family Action Plan

- -Grassroots brainstorming process of identifying quality of life issues
- -Entire Picatinny community eligible as delegates
- -Issues worked through the process from installation to Dept of Army level

#### Army Family Team Building

- -Web Based training program for about the military
- -www.armyfamilyteambuilding.org

#### • Volunteer Program

- -Coordinator for volunteer service on the installation
- -Volunteer Recognition
  - •Volunteer of the Quarter
  - •Annual Volunteer Recognition Luncheon



### Conclusion

- Picatinny is a great place to work
- •Picatinny is a great place to play!
- •Be an active participant in your Community
- •Visit us at our website for more details:

https://picac2w4.pica.army.mil/mwr/